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| **Sandwich** | **Total Fat (g)** | **Total Calories** |
| Hamburger | 9 | 260 |
| Cheeseburger | 13 | 320 |
| Quarter Pounder | 21 | 420 |
| Quarter Pounder with Cheese | 30 | 530 |
| Big Mac | 31 | 560 |
| Arch Sandwich Special | 31 | 550 |
| Arch Special with Bacon | 34 | 590 |
| Crispy Chicken | 25 | 500 |
| Fish Fillet | 28 | 560 |
| Grilled Chicken | 20 | 440 |
| Grilled Chicken Light | 5 | 300 |

Predict the amount of calories for something containing 22 grams of fat.